



## Race Notice

**Name of Events:** Teck Northern Cup #1 and B.C. Winter Games (BCWG) Trials  
Teck Northern Cup #2

**Race Format:** Northern Cup #1 and BCWG Trials - Classic technique, interval start.  
Northern Cup #2 – Free technique, mass start.

**Date/Time:** Saturday, December 28, 2013. Classic technique - first skiers start at 10:00 am  
Sunday, December 29, 2013. Free technique – mass start at 10:00 am

**Race Location:** Bulkley Valley Nordic Centre (Hudson Bay Mountain Rd.)

Directions and map: [www.bvnordic.ca/trails-and-facility/directions/](http://www.bvnordic.ca/trails-and-facility/directions/)

**Hosting Club:** Bulkley Valley Cross Country Ski Club [www.bvnordic.ca](http://www.bvnordic.ca)

**Information:**

Chief of Competition	Ken Eng	(250) 877-8150
Race Secretary	Sara Belanger	(250) 847-1875
Chief of Timing	Sylvia Pawluk	(250) 846-5484
Chief of Results	Steve Osborn	(250) 877-8595
Chief of Stadium	Dave Pellow	(250) 847-4676
BCWG Zone Rep.	Leslie-Jean MacMillan	(250) 847-8858

**Rules:** CCC Rules and Regulations

**Race Entries:** By ZONE4: Access [www.zone4.ca](http://www.zone4.ca) and locate this event in the online registration section to enter your information and pay by credit card.  
Any questions please contact: [racese secretary@bvnordic.ca](mailto:racese secretary@bvnordic.ca)

**Entry Deadlines:** Closing deadline for online registration is midnight THURSDAY, December 26, 2013.  
Competitors trying out for the B.C. Winter Games must register online by the deadline.  
Late registrations will be accepted at the race office on the morning of the race day until 9:30 a.m., **however late registrants' times will not be part of the official results.**

**Draw:** Start lists will be posted online at <http://www.bvnordic.ca/events/teck-northern-cup> the evening before the race and posted at the lodge on race morning.

**Bib Pick-Up:** Race days, 9:00 a.m. to 9:45 a.m. at the ski lodge.

**Awards:** Award presentations will take place immediately following the race. Awards for 14 years and under categories provided by Teck Resources.

- Concession:** Soup, bun and a drink will be provided to all racers. Spectators may purchase food.
- Waxing:** The Gary Murdoch Memorial Waxing Hut will be available for waxing.
- Accommodation:** <http://www.tourismsmithers.com/index.php/travel-planner/accommodations>
- Trail pass:** Registered racers can use trails for the day of the race. Spectators do not require a trail pass to watch the race. Family of racers from out of the Smithers-Telkwa area can request complimentary trail passes for the day of the race.
- Cancellation:** There will be no refund for participants who choose to not start their race. A full refund will be made to participants if race organizers cancel the race(s) due to unsafe weather conditions.
- Race Routes:** Route maps will be posted at <http://www.bvnordic.ca/events/teck-northern-cup>

### **RACE CATEGORIES & DISTANCES**

Categories are based on the racer's age on December 31, 2013

Awards will be based on the categories below. Results will be grouped by category and will identify year-of-birth.

<b>CATEGORIES</b>	<b>AGE</b>	<b>YEAR OF BIRTH</b>	<b>DISTANCE</b>	<b>FEE per race</b>
ATOM BOYS	7 and under	2008, 2007, 2006	.75 km	\$6.00
ATOM GIRLS	7 and under	2008, 2007, 2006	.75 km	\$6.00
PEE WEE BOYS	8,9	2005,2004	1.5 km	\$6.00
PEE WEE GIRLS	8,9	2005,2004	1.5 km	\$6.00
BANTAM BOYS	10,11	2003,2002	2.5 km	\$6.00
BANTAM GIRLS	10,11	2003,2002	2.5 km	\$6.00
MIDGET BOYS	12,13	2001,2000	3.5 km	\$10.00
MIDGET GIRLS	12,13	2001,2000	3.5 km	\$10.00
JUVENILE BOYS	14,15	1999, 1998	5.0 km	\$15.00
JUVENILE GIRLS	14,15	1999, 1998	5.0 km	\$15.00
JUNIOR BOYS	16,17	1997,1996	5.0 km	\$15.00
JUNIOR GIRLS	16,17	1997,1996	5.0 km	\$15.00
JUNIOR MEN	18,19	1995,1994	7.5 km	\$20.00
JUNIOR WOMEN	18,19	1995,1994	7.5 km	\$20.00
OPEN MEN	20-29	1993 - 1984	7.5 km	\$20.00
OPEN WOMEN	20-29	1993 - 1984	7.5 km	\$20.00
MASTER MEN	30-39	1983 - 1974	7.5 km	\$20.00
MASTER MEN	40-49	1973 - 1964	7.5 km	\$20.00
MASTER MEN	50-59	1963 - 1954	7.5 km	\$20.00
MASTER MEN	60 & older	1953 and earlier	7.5 km	\$20.00
MASTER WOMEN	30-39	1983 - 1974	7.5 km	\$20.00
MASTER WOMEN	40-49	1973 - 1964	7.5 km	\$20.00
MASTER WOMEN	50-59	1963 - 1954	7.5 km	\$20.00
MASTER WOMEN	60 & older	1953 and earlier	7.5 km	\$20.00
PARANORDIC STANDING	Open		5.0 km	\$20.00
PARANORDIC SIT-SKI	Open		3.5 km	\$20.00

**CUP #1 RACE & BCWG TRIALS – CLASSIC TECHNIQUE, INTERVAL START      SATURDAY, DECEMBER 28, 2013**

**CUP #2 RACE – FREE TECHNIQUE, MASS START      SUNDAY, DECEMBER 29, 2013**